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AFTER THE TEARS: HELPING ADULT CHILDREN OF ALCOHOLICS HEAL THEIR CHILDHOOD TRAUMA



Audible Studios on Brilliance, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. The trauma and grief of growing up in an alcoholic or addicted family create a lifetime of baggage. If you grew up in an addicted family, the dysfunction that permeated every aspect of your childhood may have seemed normal, and you may not even realize the level of affect alcohol still has on your adult life whether or not...

Read PDF After the Tears: Helping Adult Children of Alcoholics Heal Their Childhood Trauma

- Authored by Jane Middleton-Moz, Lorie Dwinell
- Released at 2016



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