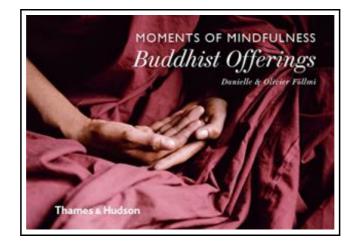
Moments of Mindfulness: Buddhist Offerings



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Reviews

Thorough guide! Its this sort of excellent read. It is really simplified but unexpected situations in the 50 % *in the book. You are going to like just how the blogger create this publication.* (*Prof. Lela Steuber*)

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Thames & Hudson Ltd. Hardback. Book Condition: new. BRAND NEW, Moments of Mindfulness: Buddhist Offerings, Danielle Follmi, Olivier Follmi, Each book in the 'Moments of Mindfulness' series pairs the wise words of a great writer, master, philosopher or poet with Olivier Follmi's beautiful and moving photographs. Follmi travelled far and wide to witness the celebrations, landscapes, rituals and traditions of cultures all over the world, discovering new ways of seeing as he sought to understand and capture through photography the connections linking the people to their ancestral lands. The effect is transcendental and transformative, awakening our senses and preparing our souls to receive these simple yet profound teachings.

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