



## The Gift of Spiritual Wisdom

By Sherilyn Alexander

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 114 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. The Gift of Spiritual Wisdom (Maturing the Soul: One Woman's Journey of Authentic and Compassionate Love in Action) is the companion book to The Gift of a Rose (Healing the Soul: One Woman's Journey of Truth and Spirit). The spiritual transformation lessons described in The Gift of Spiritual Wisdom lead the reader to a deeper understanding through shared experiences of Truth based in reality. The story invites readers to follow along with the aspects of Qi-flows: The application of certain beneficial rearrangements of energy (essence, vitality, spirit), as cultivated through Inner Alchemy practice and structured to mirror the properties associated with the four cardinal directions and a center. The Immortal Bridge: The various directions (this roadmap) hold complex links to natural colors seasons, body organs with associated qualities, shapes, cosmology, and flow changes of human perception included in many traditional indigenous beliefs. These five movements are also used as the foundation for the Wu Xing on which the immortal bridge forms by successfully merging health (physical-energy-spirit integration) with Tao (finding heaven within). The dynamic states of change are categorized according to...



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